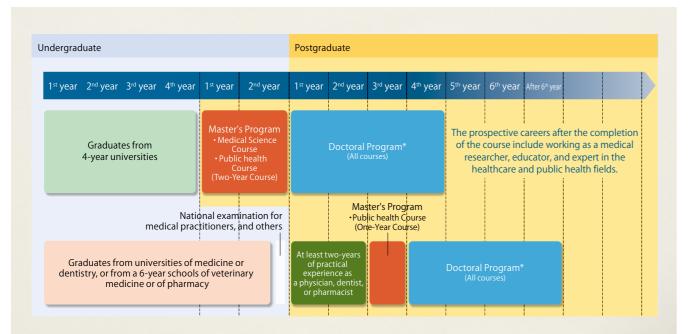
After completing the Master's Program, students can decide whether to enroll for the Doctoral Program, toward becoming highly skilled researchers or finding employment as medical professionals in society.

# Pursuing a doctorate

It is desirable that students who have completed their Master's Programs pursue a doctorate, because they are still growing as students and researchers. Examination/admission fees are not required from students who continue their studies and research as doctoral students.



## \* Early Graduation of Doctoral Program (less than 4 years)

A 3rd-year Doctoral Program student who has published at least two main research papers in English-language journals with impact factors as the first author during the Master's and Doctoral Programs can complete the Doctoral Program in less than 4 years.

### Message from a Graduate of the Master's Program

## A place to develop your potential

Master's degree completed in March 2021 2<sup>nd</sup>-vear Doctoral Student ial Medicine Course, Department of Public Health YAEGASHI Akinori



university, enrolled in the master's program at Hokkaido University Graduate School of Medicine. In the Department of Public Health I conducted nutritional epidemiology research and learned to judge various nutrition and health-related information. Guided by my professors, I researched the "Association between Protein

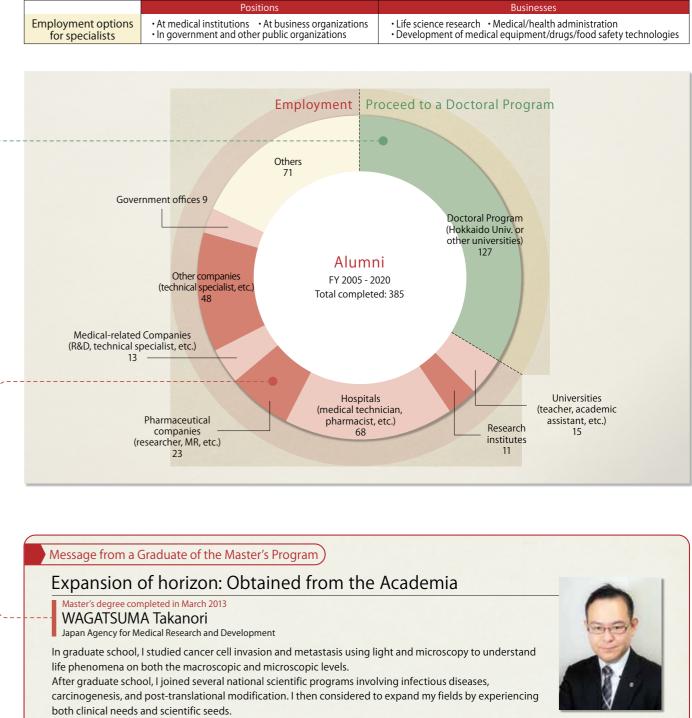
I worked as a Registered Dietitian at a hospital, and after completing a master's degree at another

Intake and Skeletal Muscle Mass among older adults," presented my results at academic conferences and submitted articles for publication.

I wanted to further improve my research skills, entered a doctoral program, and researched the "Association between low-carbohydrate diets and the development of diabetes mellitus." The results are now analyzed and summarized in a paper. Research and report writing involve hard work, but provide a sense of accomplishment when a paper is accepted and published in medical databases. I wish to continue my research and write more papers. If you are interested, I recommend that you enroll in a graduate school.

# Finding employment

Faculty members of the Graduate School of Medicine help students find employment.



social issues in healthcare and medicine in the future. I have thus been working while applying my scientific visions cultivated since graduate school.

